



Lights! Camera! TAKE ACTION!

There are a number of simple actions you can take to have your voice heard in the nationwide debate about adoptee access to information. For complete information about reform in your area, visit www.adoptedforthelifeofme.com.

Sign up on the American Adoption Congress's [Adoption Reform ACTION! List](#). All it takes is your name and email address. You will only be contacted when there is pending legislation or a significant event that AAC determines you should know about. You can sign up on the Action page on www.adoptedforthelifeofme.com and on other reform group sites.

Take Action. If the AAC should alert you to pending legislation, know that your voice matters. Write a letter, call your state representatives, respond to articles in local papers. Legislators do care about their constituents. Let them know how you feel about access legislation, and briefly share with them your reasons.

Speak Up. Talk to five people about the film you just watched. Start a conversation at the dinner table about what your identity means to you. Share your personal story, start a blog, make art, talk to a friend, a community group. Become an educator. Become informed.

Join a local adoption support group or local legislative action committee. Learn more about the laws in your state, why they were created, and how they can be changed. Consider joining the American Adoption Congress www.americanadoptioncongress.org and Concerned United Birthparents www.cubirthparents.org. Only with support and members can they succeed.

Host a screening of *ADOPTED: for the life of me*. For a free copy of a Planning Guide, visit the film's website at: www.adoptedforthelifeofme.com/tools. Loaner dvd's may be available for use in community screenings. Visit the 'host-a-screening' page to learn more.

Successful change only occurs from a team effort. There may be a key person or group at the heart of a reform effort but it is the collective voices and will of the people who effect change.

Your voice and opinion matter.

Your sending a personal letter to a legislator matters.

Your support of a reform organization matters.

Your adding your name to the AAC 'Count Me In' list matters.

Your attending a hearing or a rally matters.

You matter!